

How to Talk To Your Kids About Head Lice



Head lice are little bugs that like to live in your hair. They make your head itch.

Lice can spread to your family and friends. Since lice are hard to get rid of, it is best to try and keep them away.



To keep from getting lice
Don't share things that go on
your head, such as

- Helmets
- Headphones
- Hats
- Barrettes
- Hair ribbons
- Headbands
- Brushes and combs

Don't share or borrow things
such as

- Stuffed animals
- Pillows
- Sweaters
- Coats

Don't stack coats or hats with
others. Put your hat in your
coat sleeve and hang your coat
where it won't touch other
coats.