



Southeastern Idaho Public Health

For Immediate Release
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Families Talking Together to be held by Southeastern Idaho Public Health

Southeastern Idaho Public Health is pleased to announce that a Families Talking Together (FTT) session will be held virtually, by a trained health educator, on Tuesday March 7th 6:00 – 8:00pm, Friday March 10th 9:00 - 11:00am, and Wednesday March 15th 7:00 – 9:00pm. Parents are encouraged to register for one session that will work best for their schedule. Families Talking Together is a family-based program designed to support effective parent-adolescent communication in order to delay the onset of sexual activity among adolescents. FTT is for parents with children in middle school and is designed to give parents the tools they need to begin and continue conversations about sexuality, teen pregnancy, and other sensitive issues. Topics covered during FTT include tips and strategies for starting the conversation with pre-teens and reviewing the importance of communication, monitoring and supervision, and quality of parent-teen relationship.

FTT is a 2-hour free virtual session. Those wishing to sign up can contact Tessa Donaldson at 208-239-5252 or visit <https://www.surveymonkey.com/r/FTTReg2023>

The class is sponsored by the Department of Health and Welfare's Adolescent Pregnancy Prevention Program in the Division of Public Health. For more information, visit www.siphidaho.org or www.idahoteenpregnancy.com.