






# COMMUNITY SUICIDE PREVENTION COLLECTIVE STRATEGIC PLAN, 2020



February, 2020

Strategic Goal A: Develop and Expand Collective					
Objective 1: Recruit and maintain 16-member advisory board (CSP Collective).					
Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			YR	Evidence of Completion or Progress	
Identify and recruit stakeholders from each county to participate on CSP Collective Board.	11/1/2019, 11/1/2020	One Collective Board Member from each of the 8 counties in PHD6.	2020	Submit list of CSP Collective members to Sharon Fritz.	Rhonda D'Amico Collective Members
Identify and recruit stakeholders who serve populations known to be at risk for suicide. (Veterans, LGBTQ, youth, senior citizens, Native Americans, construction trades, etc.)	11/1/2019, 11/1/2020	Eight stakeholder members.	2020	Submit list of CSP Collective members to Sharon Fritz.	Rhonda D'Amico Collective
Objective 2: Convene CSP Collective Meetings					
Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			YR	Evidence of Completion or Progress	
Establish CSP Collective membership, gaps and needs analysis, and strategic plan to organize and operationalize suicide prevention strategies in PHD6.	1/1/2020 6/30/2020	Meet monthly for the first 6 months of 2020.	2020	Submit meeting agendas, attendance roster, and meeting minutes to Sharon Fritz.	Rhonda D'Amico Collective
Strengthen and maintain membership, monitor progress and address barriers to the achievement of stated objectives, identify new strategies to achieve unmet goals.	7/1/2020, 12/31/2020	Meet at least quarterly (4 meetings per year). Additional meetings will be scheduled if needed to advance goals.	2020 2021	Submit meeting agendas, attendance roster, and meeting minutes to Sharon Fritz.	Rhonda D'Amico Collective
Objective 3: Provide PHD6 Partnership Report to the Department					
Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			YR	Evidence of Completion or Progress	
Provide a report on partnerships developed and efforts implemented by each partner.	5/1/2020 6/30/2020	Report to include list of partners' name and email address, associated meeting documents when available, and suicide strategies implemented.	2020	Report submitted to Sharon Fritz on 6/30/2020.	Rhonda D'Amico Collective

 Not Started
  Deferred
  On Target
  Off Target
  Waiting on Someone
  Critical
  Achieved

**Strategic Goal B: Develop and Implement PHD6 Strategic Plan Informed by Regional Gaps and Needs**

**Objective 1: Conduct Regional Gaps and Needs Assessment and Present to Collective**

Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			YR	Evidence of Completion or Progress	
Conduct a local gaps/needs analysis to identify gaps of information, resources, policies, trainings and services related to suicide in PHD6.	11/1/2019 1/31/2020	Completed report.	2020	Submit report to Sharon Fritz by 1/31/2020.	Rhonda D'Amico
Disseminate completed gaps and needs analysis to collective members. Review report at first Collective meeting and utilize information for strategic plan development.	1/1/2020 1/31/2020	Report disseminated, reviewed, and discussed with Collective.	2020	Collective agenda and minutes submitted to Sharon Fritz.	Rhonda D'Amico Collective

**Objective 2:**

Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			YR	Evidence of Completion or Progress	
Develop PHD6 Strategic Plan based on results of gap analysis and aligned with Idaho's 2020-2023 Suicide Prevention Plan.	2/1/2020 2/28/2020	Completed report. Note: Plan must be approved by the Idaho Suicide Prevention Advisory Committee (ISPAC) prior to districtwide distribution and/or implementation.	2020	Submit Plan to Sharon Fritz by 2/28/2020 for review and approval.	Rhonda D'Amico Collective ISPAC
ISPAC approved Plan will be a standing agenda item at all Collective meetings for the purpose of monitoring progress on stated objectives and identifying solutions for barriers to achievement.	1/1/2020 6/30/2020	Meeting minutes from Collective will describe discussions and actions taken to advance achievement of objectives.	2020	Collective meeting minutes submitted to Sharon Fritz as part of Subgrant Monitoring Report.	Rhonda D'Amico Collective

○ Not Started  
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 ⊕ Waiting on Someone  
 ⊖ Critical  
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**Strategic Goal C: Conduct Targeted Outreach and Education**

**Objective 1: Increase regional training capabilities.**

Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			YR	Evidence of Completion or Progress	
Suicide Prevention Program Coordinator completes one train-the-trainer education program.	1/1/2020 to 12/31/2020	Complete new training certification.	2020	Copy of training certificate.	Suicide Prevention Program Coordinator
Seek funding opportunities and volunteer trainers to provide QPR gatekeeper trainings.	1/1/2020 to 12/31/2020	Two QPR certified trainers are available to train in PHD6.	2020	Copy of trainer certificates.	Suicide Prevention Program Coordinator, CSP, CSP Collective
Seek funding opportunities and one volunteer trainer to provide Spanish-language QPR gatekeeper trainings.	1/1/2020 to 12/31/2020	One Spanish-language QPR trainer is available to train in PHD6.	2020	Copy of trainer certificate	Suicide Prevention Program Coordinator, CSP, CSP Collective

**Objective 2: Provide prevention and awareness training to target groups identified in gap analysis.**








Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			YR	Evidence of Completion or Progress	
Provide QPR and/or Mental Health First Aid trainings in each county served by PHD6.	1/1/2020 to 12/31/2020	One training (or more) per county in 2020. Target: eight.	2020	Report number of trainings per county and total number trained.	Suicide Prevention Program Coordinator, CSP, CSP Collective
Promote and implement QPR trainings among organizations that serve populations at risk for suicide.	1/1/2020 to 12/31/2020	QPR training for organizations that serve at-risk populations. Target: four	2020	Report number of organizations in PHD6 that completed QPR staff trainings.	Suicide Prevention Program Coordinator, CSP, CSP Collective
Assess quality and efficacy of trainings delivered by disseminating and analyzing post-training evaluations for each training offered.	1/1/2020 to 12/31/2020	Evaluate for increased participant knowledge, increased confidence to intervene, improved suicide communication skills, increased awareness of available assistive resources.	2020	Report training outcomes for all formal (certified) and informal trainings.	Suicide Prevention Program Coordinator, Trainers
Support Community Suicide Prevention Annual Conference	1/1/2020 to 9/30/2020	Assist with planning, promotion, implementation, and evaluation of Community Suicide Prevention Annual Conference to be held each September - alternating locations between Region 6 and Region 7.	2020	Provide conference flyer, agenda, participant numbers, and evaluation results.	Suicide Prevention Program Coordinator, CSP, CSP Collective

Objective 3: Participate in Community Awareness and Outreach Activities

Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			YR	Evidence of Completion or Progress	
Seek opportunities to provide information and awareness about suicide prevention at local outreach events across PHD6.	1/1/2020 to 12/31/2020	Provide educational display, brochures and handouts, or presentations at health fairs, community events, resource fairs, Chamber of Commerce meetings, and other outreach opportunities. Target: six.	2020	Report number of outreach events attended. Report follow-up opportunities resulting from event.	Suicide Prevention Program Coordinator, CSP, CSP Collective

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Strategic Goal D: Reduce Access to Lethal Means					
Objective 1: Provide education and resources to firearm owners/recreationalists in PHD6.					
Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			YR	Evidence of Completion or Progress	
Incorporate firearm safety information into <u>all</u> education and outreach efforts.	1/1/2020 to 1/31/2020	Incorporate information about gun and medication safety into all trainings and outreach activities.	2020	Check all curriculum, submit prepared handout.	Suicide Prevention Program Coordinator
Review law enforcement registration status with Project ChildSafe to assure all PHD6 law enforcement agencies have access to free gun locks and gun safety education materials.	4/1/2020 to 6/30/2020	90% of law enforcement agencies (sheriff, police, public safety) are registered with Project ChildSafe.	2020	Registration list on Project ChildSafe Website reveals 90% are registered.	Suicide Prevention Program Coordinator
Compile list of organizations and retailers that sell firearms or serve sport shooting recreationalists in PHD6.	4/1/2020 to 6/30/2020	Directory of PHD6 firearm dealers and recreation-serving organizations.	2020	Directory submitted to Sharon Fritz 6/30/2020	Suicide Prevention Program Coordinator
Develop and disseminate survey to identify what firearm dealers and recreation serving organizations are doing to promote firearm safety and to assess opportunities for education and training.	7/1/2020 to 8/1/2020	Use survey results to identify opportunities to support firearm safety resources and educational needs.	2020	Survey analysis presented to CSP Collective for strategic planning.	Suicide Prevention Program Coordinator
Seek opportunities to provide education and resources at gun shows, gun safety courses, hunter education, and other events where gun enthusiasts gather.	7/1/2020 to 12/31/2020	Suicide Prevention Program Coordinator or CSP Representative participate in two firearm events.	2020	Report narrative.	Suicide Prevention Program Coordinator
Objective 2: Provide education and resources for the safe storage and discard of medications.					
Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			YR	Evidence of Completion or Progress	
Incorporate medication safety information into <u>all</u> education and outreach efforts.	1/1/2020 to 12/31/2020	Incorporate safe storage and disposal information into all trainings and outreach activities.	2020	Check all curriculum, submit prepared handout.	Suicide Prevention Program Coordinator
Promote and distribute the Drug Take Back Locations Card for PHD6 at all education and outreach events.	1/1/2020 to 12/31/2020	PHD6-specific card available through the Idaho Office on Drug Policy and Dept. of Health and Welfare.	2020	Report number of cards distributed in PHD6 in 2020.	Suicide Prevention Program Coordinator
Promote and support national drug take back days and seek opportunities to participate in related outreach events.	7/1/2020 to 12/31/2020	Report participation in drug take back days via report narrative.	2020	Report narrative.	Suicide Prevention Program Coordinator

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**Strategic Goal E: Support Survivors of Suicide Loss**

**Objective 1: Distribute Suicide Loss Survivor Information to Region 6 Funeral Homes**

Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			YR	Evidence of Completion or Progress	
Tailor and distribute Suicide Loss Survivor Packets to all funeral homes in PHD6. "Tailoring" involves adding regional/local resources to the packets.	11/1/2019, 11/31/2020	Each funeral home in PHD6 has 10 survivor packets to provide to family members in the event of a suicide loss.	2019 2020	Narrative report indicating the number of regional funeral homes that have received packets.	Suicide Prevention Program Coordinator, CSP
Distribute "Supporting survivors of suicide loss: A guide for funeral directors" to all funeral homes in PHD6. This is a resource from the Suicide Prevention Resource Center.	11/1/2019-11/31/2020	Each funeral home in PHD6 has at least one printed copy of the funeral director's guide.	2019 2020	Narrative report indicating the number of funeral homes that have received the guide.	Suicide Prevention Program Coordinator

**Objective 2: Act as a Resource for Survivors of Suicide Loss Support Activities**

Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			YR	Evidence of Completion or Progress	
Assess and support opportunities for the establishment of survivors of suicide loss support groups in PHD6.	11/1/2019 - 12/31/2020	Respond to requests for information about starting and maintaining suicide-specific bereavement support groups in PHD6.	2019 2020 ongoing	Narrative report about interest in the establishment of grief support groups with list of resources provided.	Suicide Prevention Program Coordinator CSP
Seek opportunities to support International Survivor Day events in PHD6. (International Survivor Day is held the Saturday before American Thanksgiving each year.)	7/1/2020 12/31/2020	Identify organizations that hold Survivor Day events and seek opportunities to promote, engage with, and support existing events and establish new events.	2020	Narrative report.	Suicide Prevention Program Coordinator CSP

Coordinate with CSP to establish and support International Survivor Day events in PHD6.	7/1/2020 to 12/31/2021	Promote and support 2020 CSP Survivor Day Dinner with target of hosting CSP Survivor Day Dinner in November of 2021.	2020	Narrative report of supports provided and number of attendees.	Suicide Prevention Program Coordinator CSP Collective CSP
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Strategic Goal F: Develop and Implement Districtwide Postvention Plan					
Objective 1: Promote improved coroner reporting using the Idaho Violent Death Reporting System (IDVDRS)					
Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			YR	Evidence of Completion or Progress	
Establish relationship with IDVDRS leaders to increase knowledge of reporting system and identify strategies for improved reporting.	11/1/2019 - 2/1/2020	Coordinator engaged with IDVDRS and educated about how to support improved reporting.	2019 2020	Narrative of interaction with IDVDRS	Suicide Prevention Program Coordinator
Coordinator establish relationship with each coroner in PHD6 to identify barriers and challenges in reporting.	7/1/2020 to 12/31/2020	Coordinator meet with 8 county coroners in PHD6	2020	Narrative of interaction with PHD6 Coroners to include list of barriers and challenges to accurate and timely reporting.	Suicide Prevention Program Coordinator
Objective 2: Train PHD6 Media on Safe and Effective Reporting on Suicide					
Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			YR	Evidence of Completion or Progress	
Create list of PHD6 media contacts (newspaper, television, radio, online publishing)	9/31/2020 to 12/31/2020	Media contact list created.	2020	Provide list to Sharon Fritz	Suicide Prevention Program Coordinator
Locate media training resource options (face-to-face trainings, best practice guidelines/toolkits, Idaho-specific resources, etc.) and disseminate to media contacts.	1/1/2021 to 6/30/2021	80% of identified media contacts in PHD6 will receive information/training for safe and effective reporting on suicide.	2021	Narrative report: Percentage of media contacts who have received resources, and which resources were shared.	Suicide Prevention Program Coordinator

 Not Started
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**Strategic Goal G: Support Suicide Prevention, Intervention, and Postvention in PHD Schools**





**Objective 1: Coordinate School-Based Activities with Idaho Lives**

Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			YR	Evidence of Completion or Progress	
Meet with Idaho Lives Area Coordinator to learn about their work in PHD6 to enhance collaboration opportunities and avoid duplication of services.	3/1/2020 to 3/31/2020	1 meeting	2020	Narrative of meeting content, planned activities, and decision-making.	Suicide Prevention Program Coordinator Idaho Lives Representative
Review list of PHD6 schools with Idaho Lives Area Coordinator to identify which schools have and have not been contacted/are not engaged with Idaho Lives services.	3/1/2020 to 3/31/2020	Improved knowledge about schools who have been offered suicide prevention, intervention, and postvention resources.	2020	List of PHD6 schools and known suicide prevention activities.	Suicide Prevention Program Coordinator Idaho Lives Representative
Present list to CSP Collective to identify strategies and next steps for engagement with PHD6 schools.	4/1/2020 to 4/30/2020	Strategies and objectives identified for supporting school suicide prevention, intervention, and postvention.	2020	Strategies and objectives provided to Sharon Fritz.	Suicide Prevention Program Coordinator Idaho Lives Representative CSP Collective

**Objective 2: Support Adoption and Implementation of Model School Policies for Suicide Prevention**

Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			YR	Evidence of Completion or Progress	
Coordinate with Idaho Lives Area Representative to disseminate Model School Policy resources to all PHD6 Schools	5/1/2020 to 5/31/2020.	All PHD6 schools provided access to Model School Policies. Letter with links and resources to be sent out to all PHD6 schools.	2020	Narrative report on number of schools provided with resources.	Suicide Prevention Program Coordinator
Follow-up with all PHD6 schools to identify which schools have policies in place and to offer policy development support.	9/1/2020 to 11/30/2020	Identify schools with policies in place and schools that would benefit from policy development support.	2020	Narrative to include the number of schools with policies in place, those that need assistance, and those whose school policy status is unknown.	Suicide Prevention Program Coordinator Idaho Lives Representative

Identify strategies to engage and support schools without policies in place at CSP Collective meeting.	12/1/2020 to 12/31/2020	List of outreach strategies.	2020	List of outreach strategies.	Suicide Prevention Coordinator Idaho Lives Representative CSP Collective
Implement outreach strategies and report outcomes.	1/1/2021 to 3/31/2021	Updated/more complete list of schools with policies in place.	2021	Narrative to include the number of schools with policies in place, those that need assistance, and those whose school policy status is unknown.	Suicide Prevention Coordinator Idaho Lives Representative
Objective 3: Promote the adoption of peer-led suicide prevention programs in PHD6.					
Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			YR	Evidence of Completion or Progress	
Coordinate with Idaho Lives to assess interest in and opportunities for implementing peer-led programs (i.e. Sources of Strength) and student clubs (i.e. Hope Squad) in PHD6 schools.	3/1/2020 to 3/31/2020	Support implementation of peer-led suicide prevention programming in PHD6 schools.	2020	Narrative to include interest, implementation details, barriers to implementation, and the number of schools with peer-led programs.	Suicide Prevention Program Coordinator Idaho Lives Representative

 Not Started
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**Strategic Goal H: Develop PHD6 Data Collection Plan**

**Objective 1: Identify Data Collection Plan Elements**

Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			YR	Evidence of Completion or Progress	
Identify possible sources for PHD6 suicide-related data.	3/1/2020 to 5/31/2020	List of available suicide-related data sources	2020	Submit list to Sharon Fritz as part of data collection plan.	Suicide Prevention Program Coordinator CSP Collective
Determine which data elements will be most useful for strategic planning purposes. This will be accomplished by the CSP Collective.	5/1/2020 to 5/31/2020	List of data elements to collect for the PHD6 Data Collection Plan.	2020	Submit list to Sharon Fritz as part of data collection plan.	Suicide Prevention Program Coordinator CSP Collective

**Objective 2: Determine Timing and Frequency of Data Collection and Review**

Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			YR	Evidence of Completion or Progress	
Identify when, how, and how often data will be collected and reported.	5/1/2020 to 5/31/2020	Data collection timing and reporting periods identified.	2020	Include in Data Collection Plan, due 6/30/2020.	Suicide Prevention Program Coordinator CSP Collective
Identify when data will be reviewed by CSP Collective.	5/1/2020 to 5/31/2020	Data collection plan will include CSP Collective data review dates.	2020	Include in Data Collection Plan, due 6/30/2020	Suicide Prevention Program Coordinator CSP Collective

○ Not Started  
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