# Region 6 Behavioral Health Board

**7.17.2018**  
**11:30am**  
**Southeastern Idaho Public Health**

<table>
<thead>
<tr>
<th>Type of meeting</th>
<th>Region 6 Behavioral Health Board</th>
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</thead>
<tbody>
<tr>
<td>Facilitator</td>
<td>JoAnn Martinez</td>
</tr>
<tr>
<td>Note taker</td>
<td>Laurie Brenchley</td>
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## Cultural Competency presentation

**Melissa Syria**

Melissa Syria presented on becoming a culturally competent Advocate. Culture is the way we learn to look at the world and how we function in it. Our culture is taught to us by our families, friends and communities. From these people, we learn what foods to eat, what kinds of houses to build, how to communicate, and how to behave. Whiteness is the underlying assumptions that everyone aspires to the norms in white culture. White culture is unaware of these norms because it is so dominant it doesn’t have to be aware. Racial inequality always favors white and goes against people of color because it is systemic and not individualistic. White fragility is the inability of whites to tolerate racial stress and engage in meaningful activities that would resolve racial inequalities. The problem of racism has yet to be solved because of white fragility – being too uncomfortable to have meaningful conversations about racial inequality.

## Minute Approval

- Vaughn Rasmussen motioned to approve the minutes as written. Lynda Shiflet seconded the motion; all in favor, motion passes.

## Board Business

**New open meeting regulations have been passed. Main points are:**
- Agenda must be posted electronically
- Any agenda item needs to be an action item
- Subcommittees are now subject to open meeting law regulations
- Agenda must be timed
- Minutes will have a breakdown of voting
- Board may meet by phone, however one board member must be in the posted meeting location

## Crisis Center Update

Shaun Menchaca and Commissioner Bullock will present next month at the Region 6 Behavioral Health Board on the progress of the Crisis Center. The presentation will be August 21, 2018 at 11:45am

## Subcommittee Update

### Subcommittee Chairs

**Children’s Mental Health Subcommittee** – Had discussion on where the subcommittee wants to go, and how to build on some of the previous accomplishments. They are trying to develop ways to help parents and target stigma.

**The Recovery Support Services Subcommittee** – has had a booth at the farmer’s market for disseminating information about the Behavioral Health Board, and other mental health programs.

## Action Items

**NAMI request for Funds for State Conference**

**Recovery Fest Request for funds**