QI 01
Example for Hypertension Measures
Step 1: Collect the clinical quality measure percentage for **C: Chronic/acute care clinical measures**

1. Gather the quality measure percentages for hypertension control
   1. Either by report
   2. Manual chart audit

Example measure for HTN Control: 60%

- **HEDIS & NQF 0018 measure description:**
  - “% of patients 18 to 85 years of age who had a diagnosis of hypertension and whose blood pressure was adequately controlled during the measurement year/period”

- **Links to measure information:**
  - [http://www.qualityforum.org/QPS/MeasureDetails.aspx?standardID=1236&print=0&entityTypeID=1](http://www.qualityforum.org/QPS/MeasureDetails.aspx?standardID=1236&print=0&entityTypeID=1)
  - [https://www.ncqa.org/hedis/measures/controlling-high-blood-pressure/](https://www.ncqa.org/hedis/measures/controlling-high-blood-pressure/)
Step 2: Set a goal and create a plan to improve the quality measure hypertension.

1. The purpose is to set an achievable goal that your practice/providers can reach.
2. This does not have to be a large goal.
3. If you achieve that goal you will then get credits in another criteria. (Q12)
4. You will also need to identify the patients whose BP is not in control.

   1. Example: “We aim to improve our hypertension control rates by 10%.
   2. Our plans include: Partnering with Southeastern Idaho Public Health in their blood pressure cuff program. In this program we will provide electronic home blood pressure monitors, educate patients on how to use the monitor and document their readings, and educate patients on how to control blood pressure through stress reduction, exercise, and a low sodium diet.”
Step 3: Achieve your goal!

- If you demonstrate improved performance that you will get credit for Qi12

- Please note in order to get credit you have to improve on two different measures from Qi08, Qi09, or Qi11.