



IDAHO DEPARTMENT OF
HEALTH & WELFARE
DIVISION OF BEHAVIORAL HEALTH

Need help with substance use? You are not alone.

**In a Life Threatening Emergency,
Call **9-1-1****



Need Community Resources?

Call **2-1-1** or **800-926-2588**
Text your zip code to **898211**
IdahoCareline IDHW

Need Treatment?

Call **800-662-HELP (4357)**
FindTreatment.gov

Need Narcan?

Call **208-991-4574**
Idaho Harm Reduction Project
naloxone@dhw.idaho.gov

Need to Talk?

Call or text **208-398-4357**
Idaho Suicide Prevention Hotline

Need Recovery Support?

Call **208-712-2173**
Idaho Association of Recovery
Community Centers