

Dear Survivor,

We are so very sorry for your loss. Many of us have been where you are and we want to offer our support and understanding. We care. You are not alone.

Here are a few local sources of support. Please don't hesitate to reach out to us. We are here to help..

Sincerely,

Community Suicide Prevention



Support for those who have been left behind after a suicide loss.

CSP Compassion Group

We are a group of volunteers who care.

We are here to guide you to resources and offer you the support and the understanding that comes from others who have walked this path.

CONTACT US Email: cspcompassiongroup@gmail.com Phone: 208-243-9411

ADULT SURVIVORS OF SUICIDE LOSS SUPPORT GROUPS

POCATELLO GROUP

**THIRD TUESDAY EVERY MONTH
6:30 TO 8:00 PM**

**MARSHALL PUBLIC LIBRARY
113 S GARFIELD AVE, COMMUNITY ROOM
POCATELLO, ID**

This is a support group for adult survivors of suicide loss. This group provides a safe place where one can share experiences and grief with others who are walking on the same grief journey.

**FOR MORE INFORMATION CONTACT
JAN EASTMAN 208-241-8496**

IDAHO FALLS GROUP

**1ST THURSDAY EVERY MONTH
7:00 TO 8:30 PM**

**IDAHO FALLS PUBLIC LIBRARY
457 W BROADWAY, ROOM 4
IDAHO FALLS, ID**

Join us as we support each other and discuss ways the loss of our loved one can affect our lives. The purpose of this group is to provide information about the grief process, to share experiences, and to alleviate the feeling of isolation. This group is facilitated by certified loss trainers.

**FOR MORE INFORMATION CONTACT
208-716-1231**

INFORMATION CONTACT: COMMUNITYSUICIDEPREVENTION@GMAIL.COM