

**Region VI Behavioral Health Board**  
**Children's Mental Health Sub-Committee September 2020**

This form is designed to collect information for the annual report to the Governor and Legislature about behavioral health services in Idaho. If you have any pictures of community events in your region, please attach them. Thank you for your help in improving the quality of behavioral health services for Idahoans!

Person Completing Form: Brad Baker

Region: 6

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Please list your Behavioral Health Board's Sub-Committees along with each sub-committee's Chair name and contact information:

Region VI Behavioral Health Board- Shantal Lulu (chair) [shantal@bannockcounty.gov](mailto:shantal@bannockcounty.gov) and Holly Lacey (vice-chair) [mrshollylacey@gmail.com](mailto:mrshollylacey@gmail.com)

CMH Subcommittee – Brad Baker [Brad.Baker@dhw.idaho.gov](mailto:Brad.Baker@dhw.idaho.gov) and Kyle Hanson [kyle.hanson@dhw.idaho.gov](mailto:kyle.hanson@dhw.idaho.gov)

Recovery Support Services – JoAnn Martinez [joannm@bannockcounty.us](mailto:joannm@bannockcounty.us)

**Please list your region's top three goals: **FOR FY 2021****

1. Increase the community's ability to identify youth at risk and respond appropriately. More specifically, the CMH subcommittee will develop region based strategies for assisting youth who are at risk for suicide.
2. Continue to increase community's (parents, schools, probation, private providers) awareness of YES services and how to access those services. In particular we will target rural communities in disseminating this information.
3. Continue to increase families' willingness to seek behavioral health services by decreasing barriers related to stigma.

**Please list the top 3 action items for these goals: FOR FY 2021**

1. Promote crisis training for each county within Region 6; such as Mental Health First Aide, QPR and CIT. At this time on-line training platforms for these trainings are being promoted by the committee.
2. During FY 2021 CMH subcommittee members will provide updated information to each school district regarding the YES array of services and how to access those services with extended focus into more rural communities.
3. Seek out and initiate innovative ways to further promote educational opportunities for families that foster positive attitudes and beliefs around seeking mental health services and empowering parents to advocate for their youth.

**Please provide short answer on your success or outcome. If not, explain why.**

During the past year the CMH subcommittee members engaged in the following activities:

- *A conference was scheduled with Officer Gomez to discuss youth online safety practices – conference was cancelled due to COVID*
- *As a subcommittee we continued to promote Wrap Around and CMH crisis response to the community.*
- *Worked collaboratively with the Juvenile Justice Commission and posted an Evidenced Based Resource Guide on the Health District's Website.*
- *Majority of our activities were planned for the Spring of the Year and did not occur due to COVID related concerns.*

**What education and/or community events did you participate in?**

~ Ghostly Gatherings – CMH subcommittee again partnered with the Juvenile committee in distributing information about community resources at annual Ghostly Gathering event – more vendors and individuals attending this last year's event than the previous year.

~ ISU Health Fair) – resource fair. Information was provided at this resource fair to families on how to access mental health services.

**Please list your region's top 3 greatest gaps and needs in behavioral health?**

1. Lack of Mental Health service providers.
2. Underdeveloped support services – peer support, family support
3. Access to services in rural communities.

**Do you feel access to Mental Health services in your Region has improved, decreased, or is staying the same? Please explain why.**

Both – the ability to fund services and the type of services that are reimbursable has improved. However; as a community we are now facing the next challenge in developing a network of providers to deliver those services.

**Do you feel access to Substance Use Disorder services (Prevention, Treatment, Recovery) in your Region has improved, decreased, or is staying the same? Please explain why.**

Defer to larger board and recovery and support subcommittee answers.

**Please provide a brief 20-50 words quote from a community member, peer, or BHB member about the importance of mental health services in your region.**

### **Behavioral Health Gaps and Needs**

<b>Rate each category with 1 being the most critical in your area.</b>	<b>1-13</b>
Access to treatment providers	2
Stable Housing	6
Community Crisis Center	8
Anti-Stigma education	5
Suicide Prevention Resources	1
Children/Adolescents Mental Healthcare	3
Veteran’s Mental Healthcare	10
Caregiver supports (including education, training, emotional support, respite care, etc.)	4
Peer supports (including education, training, emotional support, etc.)	9
Substance use disorder treatment centers	11
Crisis Intervention Team (CIT) training for law enforcement officers	7
Mental Health Court	12
Other:	N/A

If you chose “other”, please provide more information:

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