

# Minutes



Region 6 Behavioral Health Board- Hybrid Version			
4.18.2023		11:30 a.m. – 1:00 p.m.	
Southeastern Idaho Public Health			
Type of Meeting:	Regional Behavioral Health Board- In-person OR virtual meeting through the GoTo Meeting platform		
Facilitator	Shantal Laulu	Recorder	Effie Jones
Board Members Attended:	<p>Charlie Aasand, Jason Byrd, Victoria Byrd, Jason Dye, Stace Gearhart, Terry Fredrickson (PH), Linda Hatzenbuehler, Michelle LaRock, Shantal Laulu, Bill Lewis, Corey Mangum, Paul Sorensen, Tim Thompson, Lynda Shiflet Weber, Tonya Wilkes, Steve Young</p> <p>Visitors: Martin Hughes w/A New Way Counseling, Tessa Wells, Morgan Anderson, A</p>		
<i>Action Item-Acknowledgement of Callers &amp; Visitors</i>			
<p><b>Visitor Announcements:</b></p> <p><b>Star Shepherd community programs manager for BPA Health:</b> BPA provides case management for youth up to age 24 years old who have attempted or have suicidal ideation to help get the client get stable and re-integrated back into school and stabilized after an attempt. See flyer for more details. <a href="https://www.bpahealth.com/wp-content/uploads/2023/02/Idaho-Lives-Project-Regional-Clinical-Case-Management-Services-Flyer.pdf">https://www.bpahealth.com/wp-content/uploads/2023/02/Idaho-Lives-Project-Regional-Clinical-Case-Management-Services-Flyer.pdf</a></p> <p>Community Conversations to give more information about the services- registration links in the flyer <a href="https://www.bpahealth.com/wp-content/uploads/2023/02/Idaho-Lives-Project-Youth-Suicide-Prevention-Community-Conversation-March-2023.pdf">https://www.bpahealth.com/wp-content/uploads/2023/02/Idaho-Lives-Project-Youth-Suicide-Prevention-Community-Conversation-March-2023.pdf</a></p> <p>Also, BPA is setting up a support group Survivors of Suicide Attempt Support Group. Working on getting this group of 6-8 adults that have attempted to sign up for this. See Flyer for more details. <a href="https://www.bpahealth.com/wp-content/uploads/2023/02/SOSA-Group-Participant-Flyer-March-2023.pdf">https://www.bpahealth.com/wp-content/uploads/2023/02/SOSA-Group-Participant-Flyer-March-2023.pdf</a></p> <ul style="list-style-type: none"> <li>•</li> </ul>			
<i>Action Item- Review/Approval of Meeting Minutes</i>			
All Members	February and March Meeting were tabled to May meeting for time management of meeting.		
<i>Action Item- Sub-Committee Updates</i>			
	<p><b>RSS Subcommittee-</b> Michelle LaRock gave an update of today's RSS meeting, as there was a discussion of finding ways to receive more information about mental health services within the county jails and if there are gaps that can be filled. Also, there has been a discussion of participating in the 2023 Farmer's Market in Pocatello. The cost of the booth space is \$50 and educational and resource information is handed out at the booth. The sub-committee members talked about having a possible on-line survey for community members to voice their ideas of gaps and needs for behavioral health in our region. After a brief discussion and questions answered around this topic; Motion made by Victoria Byrd, to support the funding of \$50 for the Farmer's Market booth space. Dr. Linda Hatzenbuehler second the motion. All in favor; motion passes.</p> <p><b>CMH Subcommittee-</b> Victoria Byrd gave an update of the subcommittee's organization of the 2023 Wellness Wiggle Event that will be happening on Saturday, May 20, 2023 at 10 am to noon. The venue space has been secured with fees waived as per the county commissioner's approval last week. Optum is not able to support the event this year as in the past, so</p>		

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	there will be an additional cost for refreshment. Victoria requested \$2000.00 to cover the costs for this event. Dr. Linda Hatzenbuehler made motion to approve the use of \$2000 to cover costs for this event. Michelle LaRock seconded the motion. All in favor; motion passes.
<i>Action Item -Presentation of Naloxone Training</i>	
<b>Morgan Anderson &amp; Alayna Hallmark</b>	Morgan opened the training by sign-in and after instruction of the training survey. As introduction to this training we learned about the different types of opioids and opiates, how the work within the body along with the side effects and Idaho opioid use stats from 2021 were given. The training transitioned into the overdose prevention strategies, recognition of an overdose, securing medications & unused medication disposal, harm reduction, how to recognize an overdose and administer naloxone, and harm reduction and the Good Samaritan Law. There was also a brief discussion on Idaho House Bill 350 within the legislation that will effect the funding of naloxone at this time.
<i>Action Item: For the Good of the Board</i>	
	<b>Chair announcement:</b> Shantal Lauulu brought to the board the two nominations for the Empower Idaho Mental Health Advocate award. The board now has to vote on choice of their nomination to turn in by April 21, 2023. Discussion and member voting happened. The results of the voting for the nomination will given at next month's meeting as the award will be presented at that time.
Meeting adjourned at 1:05 p.m. Next meeting scheduled on Tuesday, May 16, 2023 at 11:30 a.m.	