5.25-6.00% Bleach Solutions

Take the following steps to ensure safety in your child care facility if you are still using 5.25-6.00% bleach.

1. **Identify** what bleach concentration is in your facility.
   - Refer to the chart below for mixing instructions.
   - Find the % sodium hypochlorite on the bottle.
   - Avoid splash-less and scented bleaches.

2. **Clean**
   - Scrub with soap and warm water followed by a rinse with clean water.
   - Always clean surfaces to remove visible soil, dirt and contamination before using bleach solution.

3. **Mix**
   - Mix fresh solutions daily for sanitizing and disinfecting.
   - Add bleach to cool-water.
   - Do not mix liquid bleach with other cleaning products, toilet blow cleaners or ammonia, which may release hazardous gases in to the air.

4. **Sanitize, Disinfect, Special Clean-up**
   - Wet entire surface
   - Leave solution on surface for 2 minutes for sanitizing and 5 minutes for disinfecting
   - Dry with paper towel or allow to air-dry

**Sanitize (100 ppm)**
- Mouthed toys and pacifiers
- Food service areas, dishes & utensils

**Disinfect (600 ppm)**
- Diaper changing surface
- Toilet training seats

**Special Clean-up (5000 ppm)**
- Clean & use as needed for vomit and diarrhea
- Not for other bodily fluids

**CLEAN & SANITIZE AFTER EACH USE:**
- Dishcloths, synthetic sponges
- Food preparation appliances

**DISINFECT DAILY OR WHEN SOILED:**
- Bathroom areas
- Common surfaces; floors, mats, tables, countertops and hard surface, door knobs, etc.

**MIX SOLUTION WHEN NEEDED**
- Wear gloves and masks to protect yourself

<table>
<thead>
<tr>
<th>Sanitize (100 ppm)</th>
<th>Disinfect (600 ppm)</th>
<th>Special Clean-up (5000 ppm)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/8 teaspoon bleach/ pint water</td>
<td>1 ¼ teaspoon bleach/ pint water</td>
<td>3 Tablespoons bleach/ pint water</td>
</tr>
<tr>
<td>1/2 teaspoon bleach/ quart water</td>
<td>1 Tablespoon bleach/ quart water</td>
<td>6 Tablespoons bleach/ quart water</td>
</tr>
<tr>
<td>2 teaspoon bleach/ gallon water</td>
<td>¼ cup bleach/ gallon water</td>
<td>1 ½ cup bleach/ gallon water</td>
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</tbody>
</table>

*For assistance with sanitizing, disinfecting, and special clean-up procedures you can contact your regional Child Care Health Consultant through the Idaho Care Line by dialing 2-1-1 or 1-800-926-2588.

*Caring for Our Children is available online at [http://cfoc.nrckids.org](http://cfoc.nrckids.org) or in print. This provides national health and safety recommendations. A routine cleaning schedule can also be found in this resource.*