

NOVEMBER IS **DIABETES** AWARENESS MONTH



Diabetes Awareness Day

WHEN: Tuesday, November 7, 2017
Noon - 3 p.m.

WHERE: Southeastern Idaho Public Health
1901 Alvin Ricken Dr., Pocatello

WHO: Patients with Pre-diabetes or Diabetes,
Those at Risk, Caregivers &
Anyone Interested



FREE Services For You:

- Foot Exam
- Medication Review
- Smoking Cessation
- Nutritional Counseling
- Blood Pressure Check
- Self Management Strategies
- Stress Management Techniques
- A1c Testing
- Fitness Assessment
- Flu Shot
- Blood Glucose Testing
- Cholesterol Testing
- Oral Health Screening
- Diabetic Eye Exam by Pocatello Eye Care
- Resources to Community Services
- Healthy Snacks
- Door Prizes

[For More Information!!!](#)

Call Traci Lambson (208)478.6316

Idaho State
UNIVERSITY



Southeastern
Idaho Public Health

HealthWest
Community Health Center