



Southeastern Idaho Public Health

FOR IMMEDIATE RELEASE

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CONTACT

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Give Blood On May 30th

Pocatello, ID - This May, the American Red Cross invites you to do something amazing – help save lives by donating blood on **Thursday, May 30th from 10 a.m. – 3 p.m. at Southeastern Idaho Public Health located at 1901 Alvin Ricken Drive, Pocatello.**

Blood donations historically drop during the summer months, and blood supply levels can become critically low. Blood has a limited shelf-life. Red blood cells, the portion of blood most commonly used for trauma patients, are only good for 42 days, and platelets commonly used for cancer patients, are only good for five days.

The demand for blood in Idaho has increased in past years because of a growing population, an aging population requiring more medical care, and increasingly sophisticated medical procedures that improve health care but also require blood transfusions. Meanwhile, blood donations routinely drop during the summer months when high schools and colleges are out of session.

We encourage everyone to make an appointment to donate blood on May 30th during Southeastern Idaho Public Health's Blood Drive. Your donation can help make a difference to a loved one, a friend or a stranger- and that is an amazing thing.

Any healthy person age 17 (or age 16 with signed parental consent) or older and weighing at least 110 pounds may be eligible to donate blood. Valid identification is required for all blood donations.

For more information or to schedule your appointment on May 30th, please contact Dana Solomon, Blood Drive Coordinator, at (208)239-5256.