Families Talking Together to be held at Southeastern Idaho Public Health

Southeastern Idaho Public Health is pleased to announce that a Families Talking Together (FTT) class will be held for parents at Southeastern Idaho Public Health, in Pocatello, on Wednesday, March 11 at 5:30 pm-7:30 pm. Families Talking Together is a family-based program designed to support effective parent-adolescent communication in order to delay the onset of sexual activity among adolescents. FTT is for parents with children in middle school and is designed to give parents the tools they need to begin and continue conversations about sexuality, teen pregnancy, and other sensitive issues. Topics covered during FTT include tips and strategies for starting the conversation with pre-teens and reviewing the importance of communication, monitoring and supervision, and quality of parent-teen relationship.

The FTT class is free, and will take place on Wednesday, March 11 at 5:30 p.m. at Southeastern Idaho Public Health, 1901 Alvin Ricken Drive, Pocatello. Those wishing to attend must RSVP by Monday, March 9. Space is limited. Please reserve your seat by calling Ashley Denney at 208-478-6315 and leaving a message.

The class is sponsored by the Department of Health and Welfare’s Adolescent Pregnancy Prevention Program in the Division of Public Health. For more information, visit www.siphidaho.org or www.idahoteenpregnancy.com.